



Manly Warringah District Baseball Association



JUNIOR COMPETITION RULES GUIDE 2025-2026

Competition	Teeball U8	Teeball U9	LL Zooka	LL 10/11 (Minors)	LL Majors	Int. League	Junior League	Senior League
League Age	4, 5, 6, & 7yo	7 & 8yo	8, 9, 10yo	9, 10 & 11yo	9*, 10, 11 & 12yo	11, 12, & 13yo	12, 13, & 14yo	13, 14, & 15yo
Base Distance	50'	60'	60'	60'	60'	70'	80'	90'
Pitching Distance	37'	46'	46'	46'	46'	50'	54'	60'6"
Ball Size & Type	8.5" RIB	8.5" RIB	8.5" RIB	8.5"	9"	9"	9"	9"
Bat Requirements	USA Bat Recommended	USA Bat Recommended	USA Bat Required Barrel <= 2 5/8"	USA Bat Required Barrel <= 2 5/8"	USA Bat Required Barrel <= 2 5/8"	USA Bat or BBCOR Required	USA Bat, BBCOR or Wood Required	USA Bat, BBCOR or Wood Required
HR Boundary #>	NA	150'	150'	180'	180'	225'	225'	280'
Innings	5	6	6	6	6	6	6	7
Game Duration (mins)	60	90	90	105	105	105	120	120
Max Pitch Limit	NA	NA	NA	40	50	50	60	70
Consecutive Out Limits	NA	NA	NA	6	6	9	9	12
Rep Restrictions	NA	NA	NA	Yes	Yes	Yes	Yes	Yes
Pitch/Catch Restriction	NA	NA	NA	20 / 6 Consec Outs	25 / 6 Consec Outs	25 / 6 Consec Outs	30 / 6 Consec Outs	35 / 6 Consec Outs
On Dec Batter	No	No	No	Yes +	Yes +	Yes +	Yes	Yes
Zooka Speed & Distance ~	NA	NA	40' (2'6" offset) 40-43 mph	NA	NA	NA	NA	NA
Balk Rule	NA	NA	NA	No	No %	Yes	Yes	Yes
6 Run Rule	NA	Yes	Yes	Yes	Yes	Yes	Yes	Yes
3 outs Innings End	NA	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Bath through Line Up Innings End	NA	No	No	No	No	No	No	No
Dropped 3rd Strike Automatic Out	NA	NA	Yes	Yes	No	No	No	No
Infield Fly	No	No	No	Yes	Yes	Yes	Yes	Yes
Stealing Allowed (other than home)	No	No	Yes ^	Yes ^	Yes ^	Yes	Yes	Yes
Stealing Home	No	No	No	No	Yes ^^	Yes	Yes	Yes
Bunting Allowed	No	No	Yes	Yes	Yes	Yes	Yes	Yes
Dead Ball Penalty	No	No	No	Yes	Yes	Yes	Yes	Yes
Metal Cleats	No	No	No	No	No	No	Yes	Yes

8yo & over participation subject to club

* evaluation

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After Ball passes home plate

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Short legs only, offset to 3rd base side

+ See Rules per Age Group

Homeplate to Centre Field

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Ball must pass behind the catcher

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For live pitch portion of game only

% Coaches should commence education

> HR Boundary only used for HRs on the full. Balls that bounce or roll past the HR Boundary are live (there is NO automatic double applied)

Updated / New Rules